

# Mandale Mill Primary School

## PE Long Term Plan



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Health & Fitness
Reception	Body Management (Unit 1)	Manipulation and Coordination (Unit 1)	Dance (Unit 1)	Gymnastics (Unit 1)	Speed Agility Travel (Unit 1)	Cooperate and Solve Problems (Unit 1)	Cooperate and Solve Problems (Unit 1)
Year 1/2 Cycle A	Dance (Y1 Unit 1)	Dance (Y2 Unit 1)	Attack, Defend, Shoot (Y1 Unit 1)	Attack, Defend, Shoot (Y2 Unit 1)	Hit, Catch, Run (Y1 Unit 1)	Hit, Catch, Run (Y2 Unit 1)	Outdoor Adventurous Activity (Y1 Unit)
Year 1/2 Cycle B	Gymnastics (Y1 Unit 1)	Gymnastics (Y2 Unit 1)	Send and Return (Y1 Unit 1)	Send and Return (Y2 Unit 1)	Run, Jump, Throw (Y1 Unit 1)	Run, Jump, Throw (Y2 Unit 1)	Outdoor Adventurous Activity (Y2 Unit)
Year 3/4 Cycle A	Dance (Y3 Unit 1)	Dance (Y4 Unit 1)	Tennis (Y3 Unit 1)	Tennis (Y4 Unit 1)	Athletics (Y3 Unit 1)	Athletics (Y4 Unit 1)	Outdoor Adventurous Activity (Y3 Unit)
Year 3/4 Cycle B	Gymnastics (Y3 Unit 1)	Gymnastics (Y4 Unit 1)	Hockey (Y3 Unit 1)	Hockey (Y4 Unit 1)	Rounders (Y3 Unit 1)	Rounders (Y4 Unit 1)	Outdoor Adventurous Activity (Y4 Unit)
Year 5	Dance (Y5 Unit 1)	Gymnastics (Y5 Unit 1)	Tennis (Y5 Unit 1)	Rounders (Y5 Unit 1)	Hockey (Y5 Unit 1)	Athletics (Y5 Unit 1)	Outdoor Adventurous Activity (Y5 Unit)
Year 6	Dance (Y6 Unit 1)	Gymnastics (Y6 Unit 1)	Tennis (Y6 Unit 1)	Rounders (Y6 Unit 1)	Hockey (Y6 Unit 1)	Athletics (Y6 Unit 1)	Outdoor Adventurous Activity (Y6 Unit)