

PHYSICAL EDUCATION

Year 4



Dance

Key vocabulary to use during Dance.

Explore	Create	Stimuli
Patterns	Accuracy	Fluently
Consistently	Control	Incorporate
Unison	Action	Reaction
Speed	Tension	Continuity
Combine		



Gymnastics

Key vocabulary to use during Gymnastics.

Shape	Balance	Travel
Link	Actions	Sequences
Movements	Control	Accuracy
Fluently	Devise	Perform
Beginning	Middle	End
Level	Speed	Direction



Tennis

Key vocabulary to use during Tennis.

Rally	Returning	Court
Control	Accuracy	Target
Forehand	Control	Accuracy
Speed	Height	Space
Shots	Attacking	Defending
Position		



Football

Key vocabulary to use during Tag Rugby.

Pass	Space	Team
Tactics	Control	Direction
Attacking	Defending	Shoot
Possession	Collaborate	Accuracy
Success	Direction	Opponent
Speed	Fitness	Agility



Cricket/Rounders

Key vocabulary to use during Cricket/Rounders.

Control	Co-ordination	Consistency
Throwing	Catching	Hit
Positions	Opponent	Control
Accuracy	Target	Communicate
Collaborate	Compete	Rules
Fielding		



Athletics

Key vocabulary to use during Athletics.

Jumping	Combination	Technique
Actions	Throwing	Control
Co-ordination	Consistency	Perform
Competitively	Pace	Distance
Speed		